

POUANCÉ, A HISTORICALLY RENOWNED PLACE...



Pouancé used to be a sentry outpost marking the boundary between Anjou and Brittany.

The castle - 13th – 15th centuries - still bears witness to Bertrand Du Guesclin and Jean II d'Alençon riding around. There are lovely views of the tower porch and posters.

Pouancé was a walled city. Its 15th-century **Angevine Door**, **covered way** and **dovecote** have been preserved. The dovecote had 200 to 300 "putlogs" (nests), consistent with the surface area available to support them.



Next to the castle door, the **salt loft** was the place where the inhabitants bought their salt during the "Ancien Régime". Though very expensive in the region due to the "gabelle" (salt tax), salt was twenty times cheaper in Brittany. And it was not unusual to spot shadowy smugglers at night. Actually, a farm worker could earn almost the equivalent of one month's salary in one night!



This trail is registered in the P. D. I. P. R.
(Departmental Map of routes dedicated to walks and trails).

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Do not litter.

FISHING



The lake at St Aubin is striking for its many **wooden pontoons**. Most of these are mounted on former frames and can easily be removed. There are over 200 of them installed all

around the lake. Rented by the fishermen, they are also equipped with little cabins. The place is absolutely perfect for family outings...

With depths ranging from 0m to 4m, The lake hosts zander, **pike**, perch, carp, **roach**, black bass and **eel**.



A yearly re-stocking with young fish ensures diversity and profusion.

Source: Association of anglers in Pouancé



➡ Also try out "**la boule de fort**" in Pouancé. The game is played on a hard, hull-shaped ground on which the balls have a strong-impact side and light-impact side to them..

Boule de fort La Pouancéenne – The Associations House

In case you notice any anomaly on your way through, please inform the Commune d'Ombree d'Anjou. Your remarks will help us maintain all the trails in good condition.

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IGN MAP:
I320 E

POUANCÉ



Sentier au Fil de l'Eau

In the footsteps of the crested fishing bird

Start: Saint-Aubin car park
Rue de l'Hippodrome

➡ 11 km - 2.45 hours

— Road markers

Alternately offering natural and historical heritage, this trail will please history buffs as well as water birds lovers.



Sentier au Fil de l'Eau

Start: Warm up around the lake

From the car park walk to the waterside and continue, keeping the water on your right (North West) in a counter clockwise direction up to the kid's playground.

1: View of the castle

Turn right before the walkway. Climb onto the former railway line, cross it and head back towards the lake. Keep walking beside the lake to the **dovecote**. Go past the **big mill** and when you are on the dam turn left and go up the stairs. Turn right, then right again and cross Rue de la Liberation.

2: From one lake to another

Follow the path on your left towards les Saulneries. Take the road on your left. Stay on the grassy lane then turn left and walk down the alley of the four a carreaux. Keep to your left in the street of the same name then turn right in la rue de la laiterie. Walk to the Lake of Tressé.

2b: connection towards the sentier du Roy along the airfield.

3: The Lake of Tressé

Cross the Verzée. Keep walking beside the lake. At the fence, turn left and walk up to the road. Turn left onto la rue des Judelles and continue to the **public park** and the lake. Keep the lake to your right and carry on until you pass the school. You will arrive at the Place du Champ de Foire.

4: Towards the medieval city

Walk down the boulevard du champ de foire on your left. Go up the covered way on your right towards the church square. Walk opposite rue Jeanne d'Arc and then rue Saint-Aubin. After the **castle**, turn left down the street. Turn right in the boulevard du château then twice on your left (avenue de la gare and chemin de l'abreuvoir) to get to the lake.

5: End of the lake walk

Walk beside the water towards the railway line, turning left and then right to get back to the Lake of Saint Aubin. Cross the walkway and return to the car park along the bank.

Start: when getting out of St Aubin village, car park on your left



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In the footsteps
of the crested fishing bird...

In the company of this dancing bird,
enjoy this nature discovery trail of 3.7 km to:

- Get to know the secrets of the fishing birds
- Learn who's living in the lake or in the prairies
- Recognize fish and birds

Games for kids on www.ombreedanjou.fr



Rest room next to the start in the camper vans area on your right when leaving the car park.



Picnic tables near the start.

500 m

www.ombreedanjou.fr

